

# FLU VACCINES ARE NOW AVAILABLE!

Getting a flu vaccine is quick, easy and recommended for everyone aged 6 months and over.

Please see “2026 Flu Vaccines” on the website for the vaccines that Glenwood Medical Practice will be using.

**FREE Government Funded flu vaccines are available:**

- For children 5yrs and under
- pregnant women
- anyone 65+ years
- all individuals with medical risk conditions (Talk to your GP)
- all Aboriginal and Torres Strait Islander people aged 6months and over

If ineligible for Government funded vaccine, the private flu vaccines are available for **\$20.00** All fees must be paid for at the time of consultation.

**Please note;** it is recommended to book your flu vaccinations with your regular doctor.

**FLUMIST-** Nasal Spray Influenza Vaccine is funded by the Government of NSW for eligible children aged 2yrs to less than 5yrs providing a free, no-needle option.

**Faith-related considerations:** The LAIV Nasal spray contains porcine gelatin. Gelatin used in vaccines has been altered and purified significantly making it different to the gelatin used in food products. Both Muslim and Jewish leaders have made a statement declaring vaccines using porcine gelatin are permitted on religious grounds, however people can consider the inactivated influenza vaccine instead if they prefer.

For more information

[https://www.health.nsw.gov.au/Infectious/factsheets/Pages/influenza\\_factsheet.aspx](https://www.health.nsw.gov.au/Infectious/factsheets/Pages/influenza_factsheet.aspx)

Easy Read fact sheet

<https://www.health.nsw.gov.au/Infectious/Influenza/Documents/easy-read-factsheet.pdf>

Nasal Spray Flu vaccine for children

[https://www.health.nsw.gov.au/Infectious/Influenza/Pages/families\\_and\\_individuals.aspx](https://www.health.nsw.gov.au/Infectious/Influenza/Pages/families_and_individuals.aspx)

[https://www.health.nsw.gov.au/Infectious/Influenza/Pages/families\\_and\\_individuals.aspx#nasal](https://www.health.nsw.gov.au/Infectious/Influenza/Pages/families_and_individuals.aspx#nasal)

<https://www.health.nsw.gov.au/immunisation/app/Pages/nasal-spray-flu-vaccine.aspx>

**CALL US NOW TO BOOK YOUR FLU SHOT TODAY!**  
**GLENWOOD MEDICAL PRACTICE Ph.8824 8433**